

The uniquely designed dual handle simulates the position of the conventional lat bar exercise. A diverging movement accurately targets intended muscle groups. Counterbalanced arms for light starting weight. An adjustable torso pad ensures a stabilized body position. The Jerai Fitness Dual Lat Pull Down provides weight stack upto 220 lbs.



DUAL LAT PULL DOWN JPB-202

DIMENSION:

Length: 70 inches / 178 cms Width: 45 inches / 114 cms Height: 88 inches / 224 cms Weight Stack: 220lbs / 100kg

 MUSCLE WORKED: Latissimus Dorsi Rear Deltoids Biceps



